

Royal Forth Yacht Club on behalf of



CRAMOND BOAT CLUB

ANSTRUTHER EXPRESS RACE

This is a qualifying event in FIG Race Series – see FYCA website
This race will be started off Granton by the RFYC on behalf of CBC

Saturday 30th MAY 2015

SAILING INSTRUCTIONS

1 RULES

1.1 **1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.**

1.2 The prescriptions of the Royal Yachting Association will apply.

1.3 The following racing rules will be changed;
Part 4 Preamble; Flag Y may be displayed from the shore based mast in which case wearing life jackets or other adequate personal buoyancy will be required at all times afloat.
The changes will appear in full in the sailing instructions.

1.4 **HANDICAPS;**

Keelboats: As per the Forth Yacht Clubs Association Handicap List. Any boat without a FYCA Handicap will be allocated a temporary handicap by the Race Committee.
Boats entering under a “Restricted Sail (white sail)” classification must conform with the FIG rules set out below. This amends RFYC Sailing Instructions - White Sail Allowance rules.

FIG Restricted Sail Rules:

1. For FYCA FIG races, a yacht may request to use a Restricted set of Sails (RS - defined as no spinnaker or cruising chute, and no additional headsails than used to windward to be set at any time). This provision is intended for yachts not equipped with a spinnaker, and for crews considered by the Race Committee to be 'less experienced', 'less capable' or 'short handed', the latter defined as less than 60% of the yacht's full crew. The RS provision will not be granted if, due to the course or weather conditions, no yachts are able to fly spinnakers.

2. To request the RS provision, a yacht must contact the Race Committee on VHF channel 37, justifying the request, on the race day at least 15 minutes before its class warning signal is displayed. To be valid, the Race Committee must have confirmed their agreement before its class warning signal. It is at the absolute discretion of the Race Committee whether to accept an RS request or not on any particular day.

3. A yacht permitted to use the RS provision shall display a white pennant or flag on the backstay or other prominent position, from its class warning signal until it finishes.

4. A yacht permitted to use the RS provision shall receive a +4% handicap adjustment. All results, both in full and RS configuration, shall be considered in calculating overall FIG series positions.

2 NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located at main entrance of Royal Forth Yacht Club.

3 CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted at least 1 hour before the advertised start time of the race except that any change to the schedule of race will be posted by 2000hrs on the day before it will take effect.

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4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the main mast of Royal Forth Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When flag Y is displayed ashore, rule 40 applies at all times while afloat. This changes the Part 4 preamble.

5 SCHEDULE OF RACE

- 5.1 Schedule of race;

	HW (Leith)	LW (Leith)	Warning Signal	Prep Signal	One Minute	Start Signal
30 May	01:00 13:12	06:53 19:16	10:00	10:01	10:04	10:05

6 CLASS FLAGS

- 6.1 Class flag will be Numeral Pennant 2 for all yachts entered (inclu. FIG - Div 2)

7 RACING AREAS

- 7.1 Admiralty Chart Ref 734, 735 and Imray Chart Ref C27 cover the race area.

8 COURSE: ANSTRUTHER EXPRESS RACE

- 8.2 **The Course;**[(s) = leave or pass to starboard; (p) = leave or pass to port]

Start at RFYC Mark H(s)	55 59' 30N; 3 12' 93W
Leith Approach Buoy (s)	55 59' 95N; 3 11' 50W
Finish at Anstruther (Crossing Finish Line W > E)	56 13' 18N; 2 41' 82W (White Chalmers Light Tower)

- 8.3 **Marks:** RFYC permanent race mark, FPA navigation marks

9 THE START

- 9.1 The Race will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.
- 9.2 A boat starting later than 20 minutes after her starting signal will be scored Did Not Start. This changes rule A4.
- 9.3 **Starting Line;** This will be between a staff displaying a yellow flag on a buoy and RFYC Mark H.
- 9.4 Yachts should record their start time by an onboard watch.

10 THE FINISH

- 10.1 **Finishing line;** The finishing line will be on a transit line from the old white light tower on the west pier and red light tower on the east pier at a distance of not more than 2 cables off.
- 10.2 Yachts should record their own finish time by the onboard watch

11 TIME LIMITS

- 11.1 The time limit 21:00 BST 30/5/15 with no extension.
- 11.2 If no boat finishes within the time limit, the race committee will abandon the race.

12 RETIRALS & DECLARATION

- 12.1 A boat that retires from the race shall notify the race committee as soon as possible. (01315528560)
- 12.2 The attached Declaration Form is to be submitted, fully completed, to the Sailing Secretary at Royal Forth Yacht Club no later than 12noon on Friday 05 June 2015. Boats failing to submit a declaration will be scored DID NOT FINISH.

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13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the RFYC office. Protests shall be delivered there within the protest time limit.
- 13.2 The protest time limit is 12noon on Tuesday 2 June 2015. [The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.]
- 13.3 The time and place of any protest hearing will be posted on the notice board to inform competitors of hearings in which they are parties or named as witnesses.
- 13.4 Notices of protests by the race committee or protest committee will be posted on the notice board to inform boats under rule 61.1(b).

14 SCORING

- 14.1 The scores from this race will be included in the FYCA FIG Series .

15 SAFETY REGULATIONS

- 15.1 A boat that retires from the race shall notify the race committee as soon as possible.(01315528560)
- 15.2 **Additional Safety Requirements:** All boats must comply with FYCA Safety Regulations Category 4.

16 EQUIPMENT AND MEASUREMENT CHECKS

- 16.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

17 PRIZES & ENTRY

- 17.1 Trophies (to be decided by CBC).
- 17.2 This race forms part of the FYCA FIG Series,

18 RISK STATEMENT

- 18.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew, and their boat to such inherent risk whilst taking part in the event;
 - They are responsible for the safety of themselves, their crew, their boat, and their other property whether afloat or ashore;
 - They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
 - The provision of patrol boats does not relieve the boat of her responsibilities.

19 INSURANCE

- 19.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2Million or the equivalent.

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**CRAMOND BOAT CLUB
DECLARATION FORM**

RACE	
DATE	
BOAT NAME	
SKIPPER'S NAME	

I was skipper (or onboard) in this race and submit the following record of times observed and other boats finishing during the race:

Start Time (time taken from onboard watch)	hours / minutes / seconds
Finish Time (time taken from onboard watch)	hh / mm/ ss
Elapse Time	hh/mm/ss
Name of yacht finishing ahead if known	
Name of yacht finishing behind if known	

Signed: _____

Name (Print): _____

Date: _____

This Declaration Form **must** be submitted to the Royal Forth Yacht Club Sailing Secretary RFYC, Middle Pier, Granton Harbour, Edinburgh EH15 1HF by **12:00 hrs on Friday 05th June 2015.**

This Declaration Form (source RFYC website Downloads page <http://www.rfyc.org/downloads/>) may also be submitted by email by the same time to: royalforth@btconnect.com .