Safety Briefing Checklist

Below decks

Gas

• Heavier than air – precautions
• Gas taps – whereabouts and usage
• Gas bottles – location
• Routine before and after using cooker and gas spillage

Fire prevention

• No smoking down below or near sails
• Cooker – no chip pans
• Curtains away from cooker
• Gas and smoke alarms

Fire Extinguishers and Fire Blanket

• Location – fore cabin, saloon, aft cabins, engine
• Explain types
• Method of operation

Galley

• Pour boiling water into mugs in the sink
• Wear foul weather trousers when cooking at sea
• Put kettle spout in fore and aft line at sea

First Aid Box

• Everyday box & serious injury box – location
• Tell skipper when items used
• Anybody first aid trained?

Heads and Seacocks

• Heads operating procedure
• Location of all seacocks

VHF Radio – main and handheld

• How to switch on and squelch.
• Use of DSC distress button
• Change channels and press to transmit switch
• Show distress card

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1 Based on Alison Noice, Yachtmaster for Sail and Power, 3rd Edition, 2012
Flares and emergency radio aerial

- Where stowed and type carried
- How to use

Lifejackets and harnesses

- All crew members to fit
- Whistle, inflation toggle, light, top-up tube, crutch straps, safety knife
- Light operation
- When to wear – when told by skipper, fog, risk of collision, abandoning ship, heavy weather, in the dinghy, when racing rules require, when they want to
- Clip-on points
- Procedure for exiting companionway in heavy weather

Above decks

Heaving line

- Location and operation

Lifebelt, drogues and dan buoy

- Location, use and test lights

Liferaft

- Securing points – painter attached
- When and how to launch
- How to board
- Contents

Engine

- Batteries
- Throttle/gear positioning
- Starting/stop
- Switch off when man overboard or swimmers close to hull

Miscellaneous

Slips and falls

- One hand for yourself and one for the boat
- Highlight danger of BOOM

Winch and Line safety

- Never release a clutch (jammer) without first taking a line round the winch
- Keep fingers clear of line under load on winch
- Do not leave winch handles in winch