

Safety Briefing Checklist¹

Below decks

Gas

- Heavier than air – precautions
- Gas taps – whereabouts and usage
- Gas bottles – location
- Routine before and after using cooker and gas spillage

Fire prevention

- No smoking down below or near sails
- Cooker – no chip pans
- Curtains away from cooker
- Gas and smoke alarms

Fire Extinguishers and Fire Blanket

- Location – fore cabin, saloon, aft cabins, engine
- Explain types
- Method of operation

Galley

- Pour boiling water into mugs in the sink
- Wear foul weather trousers when cooking at sea
- Put kettle spout in fore and aft line at sea

First Aid Box

- Everyday box & serious injury box – location
- Tell skipper when items used
- Anybody first aid trained?

Heads and Seacocks

- Heads operating procedure
- Location of all seacocks

VHF Radio – main and handheld

- How to switch on and squelch.
- Use of DSC distress button
- Change channels and press to transmit switch
- Show distress card

¹ Based on Alison Noice, Yachtmaster for Sail and Power, 3rd Edition, 2012

Flares and emergency radio aerial

- Where stowed and type carried
- How to use

Lifejackets and harnesses

- All crew members to fit
- Whistle, inflation toggle, light, top-up tube, crutch straps, safety knife
- Light operation
- When to wear – when told by skipper, fog, risk of collision, abandoning ship, heavy weather, in the dinghy, when racing rules require, when they want to
- Clip-on points
- Procedure for exiting companionway in heavy weather

Above decks

Heaving line

- Location and operation

Lifebelt, drogues and dan buoy

- Location, use and test lights

Liferaft

- Securing points – painter attached
- When and how to launch
- How to board
- Contents

Engine

- Batteries
- Throttle/gear positioning
- Starting/stopping
- Switch off when man overboard or swimmers close to hull

Miscellaneous

Slips and falls

- One hand for yourself and one for the boat
- Highlight danger of BOOM

Winch and Line safety

- Never release a clutch (jammer) without first taking a line round the winch
- Keep fingers clear of line under load on winch
- Do not leave winch handles in winch